

Bellevue Schools Foundation Presents

Education **Connections**

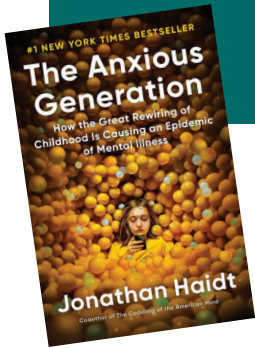


A COMMUNITY FOCUS EVENT:

A Deeper Dive into *The Anxious Generation* by Jonathan Haidt for our School Community

TUESDAY MARCH 18 | 4:30PM – 6:00PM

Clyde Hill Elementary School | 9601 NE 24th St, Clyde Hill, WA 98004



For this BSF Community Focus Education Connections event, we want to go beyond just discussing Jonathan Haidt's *The Anxious Generation*. Let's focus on actionable steps we can take as a community to put his research into practice.

Some potential ideas include:

- Creating a community-wide agreement for 4th-grade families to delay smartphone use until middle school.
- Starting after-school playgroups to encourage non-screen-based, organic play.
- Developing community agreements on cell phone use to help families set consistent limits at home.
- Brainstorming additional ideas inspired by *The Anxious Generation* that address the unique needs of your school or neighborhood.

NOTE: On April 2nd, Bellevue Schools Foundation will host a **2nd All-District Education Connections: Dr. Aramaki Book Club – Part 2**, where we will dive even deeper into the research and advice Jonathan Haidt has to offer. This could be a great follow-up opportunity for your event.

We can't wait to see you there!

Each speaker shares their perspectives on a complex topic. We offer each talk as a starting point for a community conversation, and the opinions expressed by the speakers do not reflect the opinions and beliefs of the Bellevue School District, the Bellevue Schools Foundation, or the Bellevue PTSA Council, including all associated volunteers and staff.



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INVESTING IN STUDENTS

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